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Ecrins Massif

Un savoir-faire de bergers

The Pyrenean Haute Route

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Walking in the Brianconnais

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The Nature Guide to the Cévennes and Grands Causses, France
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ENRIQUE ALEENA

Ecrins Massif Editions Didier Richard
Dieter Seibert gives advice on hut approaches and essential grading and technical considerations, and then provides descriptions of the classic ascent routes of all the main peaks. The glaciated ranges of the Eastern Alps encompass the Bernina and Silvretta ranges of Switzerland, the Ortler/Adamello groups on the Austro/Swiss/Italian borders and all the main Austrian groups - the Otztal, Stubai, Zillertal and Gross Glockerner. Even the far flung Dachstein and Marmolada ranges have small glaciers. All the main peaks in these ranges involve glacier approaches and thus become technical mountaineering expeditions, requiring proper skills and training.

Un savoir-faire de bergers Editions Quae
Robert Louis Stevenson's 'Travels with a donkey in the Cévennes' is a classic of travel literature. The GR70 long-distance trail is based on the author's route, allowing walkers to follow in the footsteps of Stevenson and his four-legged companion Modestine through the beautiful Cévennes region on the edge of France's Massif Central. The route is ideal for both first-time trekkers and more experienced hikers, covering around 272km of gently undulating countryside from Le-Puy-en-Velay to Alès. It can be completed in under a fortnight. The trail is presented in 12 stages of 16 to 30km, each with clear route description and mapping, an elevation profile, notes on local points of interest and a brief account of Robert Louis Stevenson's experiences on that section of the route. There is useful advice for planning your trip -

including when to go, what to take and how to get there - and accommodation listings. Following drove roads, bridleways and footpaths, the GR70 showcases the landscapes of the Cévennes: wildflower meadows, rolling hills, chestnut woods, limestone gorges and meandering rivers. Characterful villages provide accommodation and other services and offer an opportunity to sample the delicious local produce. There are also glimpses into the region's fascinating history, from pre-historic burial sites to locations associated with the eighteenth-century Protestant Camisards who resisted religious persecution. While many things have undoubtedly changed since Stevenson's visit, the area retains its authentic rural charm and you will soon discover just why Stevenson found it so appealing.

The Pyrenean Haute Route Editions

Olizane

Step off the beaten track with this Provence guide book and let local experts show you the well-hidden treasures of an amazing region

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Bergverlag Rother GmbH

The South West Coast Path is the spectacular 630-mile (1008-km) National Trail around the tip of Britain. This volume features the section of the Path from Minehead to Padstow, a distance of 163 miles (262 km). It skirts the Exmoor National Park, taking in the precipitous harbour towns of Lynton, Lynmouth and Ilfracombe, before heading south-west into Cornwall along the surfers' coast via Westword Ho! and Arthurian Tintagel, to reach the gastronomic mecca of Padstow. Along the way there is the coastal path around Lundy Island, with its puffins, and other arresting wildlife from shearwaters to basking sharks. This guide has been fully revised and updated for 2016, and completely redesigned to feature many more colour photographs and much more information on local history, cultural associations and wildlife. It is not so much a walking guide as a complete companion

to the landscape of the Path, whether you are a dedicated long-distance walker or a weekend stroller. National Trail Guides are the official guidebooks to the fifteen National Trails in England and Wales and are published in association with Natural England, the official body charged with developing and maintaining the Trails.

Mountaineering in Ireland Editions
Olizane

Le parc national des Ecrins est constitué d'un vaste massif qui culmine à plus de 4000 mètres. Cet espace protégé depuis 1973 offre au marcheur une nature exceptionnelle. La randonnée, sur des sentiers balisés ou en terrain varié, est un moyen privilégié pour l'exploration du parc national. François Labande propose dans ce livre 120 itinéraires remarquables, dans un massif qu'il parcourt à pied depuis des décennies. Chaque secteur, chaque vallée, chaque refuge du parc national sont ainsi visités, le long d'itinéraires tantôt faciles, tantôt plus difficiles ou exigeants, afin de permettre la découverte du monde magique de la haute montagne.

Collins Belfast Streetfinder Colour Atlas Cicerone Press

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MerletteORCIERES MERLETTE

3437ET.Walking in the
BrianconnaisCicerone Press Limited
Hüttentrekking Band 3 - Westalpen
Cicerone Press

"The 4000m Peaks of the Alps provides a practical companion guide to the Alpine 4000ers with detailed description of every worthwhile route from Facile (F) to Difficile (sup) (D+/TD-). "As well as the 50 major mountains, every significant subsidiary top is visited by one or more route. In total over 230 routes are described, ranging from beginners' climbs on the Breithorn and Allalinhorn to magnificent grandes courses like the Peuterey Ridge of Mont Blanc. "In addition the valley bases, huts and hut approaches are described in detail, so that mountaineers can plan and execute their 4000m campaign without need to refer to any other texts. "The guidebook builds on the Alpine Club's long and distinguished pedigree of publishing regional guides to the Alps. "Martin Moran brings his climbing passion and experience to add an inspirational flavour to the peak portraits and route descriptions.
Secret French Riviera Menasha Ridge Press

This walking guidebook describes 42 day routes exploring the stunning Auvergne region in central France. The walks are ideal for day walkers and hikers, with routes ranging from easy 5km outings to more challenging 20km hikes. All are illustrated with clear mapping and colour photographs. The guide focuses on the best routes in five different areas, including Cantal, the Chaîne des Puys (Monts Dômes), the Monts Dore, the Haute Loire (Livradois and Velay) and the Montagne Bourbonnaise, with bases including Vichy, Clermont-Ferrand and Puy-en-Velay. The routes in this guidebook offer walking on truly spectacular volcanic landscape, with grassy domes and volcanic bowls and long, rambling ridges, yet the walking is generally suitable (nothing over 1,900m) for all walkers, and the area is both accessible and provides a wide range of cultural and historical (and geological) interest. The guidebook also provides a wide range of practical information for visiting the Auvergne, with accommodation transport, and preparation advice, as well as providing a wealth of detail on the many places of interest along the walks.

Secret Provence Random House
Kari Blodig, who started the 4000 meter peak quest with his book is 1829, had identified 81 summits. However there were inconsistencies in the Blodig list. In 1994, a UIAA committee arbitrated on the obvious anomalies (some great multi-peak massifs had only their highest points noted, while other groups had every significant summit accredited). By using adjoining col depth as a guideline, the UIAA process settled on a new tally of 88 peaks. These not only took in the obvious heights of big peaks like Liskamm, Breithorn, Grand Combin, and Grandes Jonasses, but also drew attention to a number of proud individual rock gendarmes on the ridges of the higher peaks. In this second edition of his guide, Richard Goedeke has incorporated all the UIAA promoted peaks. In addition, he has noted seven extra summits that merit accreditation based on the new guidelines, and discusses the status of those listed that barely meet the criteria but are noted for other reasons. As some of the new peaks are easily reached in the process of other expeditions, their inclusion is largely academic. Other newly acclaimed summits

bring an extra dimension to the 4000m list. The Grand Gendarme of the Weissshorn, the Aiguilles du Diables on Mont Blanc du Tacul and the western summits of the Grandes Jorasses introduce new expeditions of considerable challenge to the 4000m odyssey.

The Alpine 4000m Peaks by the Classic Routes Cicerone Press Limited

À l'heure où les politiques publiques cherchent à concilier agriculture et protection de la nature, ce livre vient rappeler que les bergers ont dans les mains une culture technique respectueuse du Vivant. Richement illustré, il associe différents points de vue : chercheurs, ingénieurs pastoralistes, gestionnaires d'espaces naturels, enseignants en écoles de bergers. Mais, avant tout, il donne la parole à des bergers qui ont contribué aux travaux scientifiques ou exprimé les difficultés rencontrées dans leur métier.

Geo-Katalog Rough Guides

Winemaking firefighters, a tree in a church, an inverted phallus at a well-known entrance, an atomic bomb shelter under Gare de l'Est, unsuspected traces of former brothels, a patron saint of motorists, royal monograms hidden in the

Louvre courtyard, the presentation of Christ's crown of thorns, a prehistoric merry-go-round, a sundial designed by Dalí, war-wounded palm trees, bullet holes at the ministry, religious plants in a priest's garden, a mysterious monument to Freemasonry at the Champ-de-Mars, a solid gold sphere in parliament, a Chinese temple in a parking lot, the effect of the Bièvre river on Parisian geography, a blockhouse in the Bois de Boulogne ... For those who thought they knew Paris well, the city is still teeming with unusual and secret places that are easily accessible.

Bibliographie nationale française Cicerone Press Limited

Guidebook to trekking the Pyrenean Haute Route, which zigzags across the Franco-Spanish border, staying close to the main ridge in the highest and most spectacular Central Pyrenees. It covers 750km with over 40km of ascent, so is suitable for experienced mountain walkers only. The largely unwaymarked route is presented in 44 stages.

Walking in the Auvergne Editions Jonglez De Chamonix au Mercantour, jusqu'aux Dolomites, en passant par la Suisse et le val d'Aoste, une sélection de 107 via

ferrata pour évoluer dans le monde vertical réservé jusque-là aux alpinistes et aux grimpeurs. Chaque itinéraire, décrit avec précision, est agrémenté d'un croquis et de tous les renseignements pratiques (accès routier, hébergement...). Cet ouvrage rappelle les consignes élémentaires de sécurité et le matériel spécifique indispensable pour une progression sûre et en parfaite autonomie. Ce guide recense : toutes les voies françaises ; les itinéraires de Suisse et du val d'Aoste rapidement accessibles depuis la France ; les plus belles courses des Dolomites.

The Pyrenees Jonglez Publishing From cosmopolitan Paris to the sunny Cote d'Azur, from historical Normandy to the rocky Pyrenes, this new edition updates the best of towns, attractions, and landscapes of every region. 100 maps. of color photos.

Tour of Mont Blanc Cicerone Press Limited Betrifft u.a. das Wallis / Valais : Rund um die Dents du Midi, Tour des Mouverans, Rund um den Wildstrubel, Auf den Spuren der Walser: von Binn nach Airolo ; der Matterhorntrek, Tour Monte Rosa, Tour du Combin, Quer durch das Wallis: von

Lourtier nach Zinal ; über dem Val Ferret. Le Parc national des Écrins Editions Jonglez

The 40 walks in this guidebook explore the stunning summer landscapes around Briançon. Walks range from 4 to 21km, and cover the valleys of Clarée, Cerveyrette, Ayes, Durance and Guisane, as well as the area around Vallouise and Montgenèvre. All the routes are circular and graded from easy to very hard, so there are walks to suit all abilities.

Alongside detailed route descriptions and maps, the guidebook provides practical advice on when to visit and the best bases for exploring the region. There are notes on plants and wildlife, and information on the many hill forts in the area. Stunning photographs add to the appeal of this informative guide. The Briançonnais is a stunning mountain wilderness packed with snow-capped peaks, idyllic Alpine valleys, pastures full of wildflowers, sparkling alpine lakes, historic hill forts and a labyrinth of quiet paths. With a rural charm and a milder climate than the northern Alps, it is a region ripe for discovery, and this guide is the perfect place to start.

ORCIERES MERLETTE 3437ET. Knnv Publishing

Step off the beaten track with this French Riviera guide book and let local experts show you the well-hidden treasures of an amazing region. Features 200 secret and unusual locations

This Game of Ghosts Cicerone Press Limited

Cinq personnages se racontent, des guides qui, pour continuer à vivre sur les sommets, ont choisi ce métier, pour rester au pays. L'histoire de la création du parc, ses missions et les limites de son action s'inscrivent comme le prolongement de ce souci. Les curiosités de la région : les glaciers qui avancent, les chamois qui prolifèrent, les forêts, les fleurs, et l'initiation à quelques mets ...

Trekking the Robert Louis Stevenson Trail Menasha Ridge Press

A resource book covering the finest walks, treks and climbs in the High Pyrenees for 400km between France and Spain, from the Cirque de Lescun, on the edge of the Basque country in the west, to the Carlit massif and the Cerdagne to the east of Andorra. The book is divided into five regional chapters: the Western Valleys; Cirques and Canyons; the Central Pyrenees; Enchanted Mountains; and Andorra and the Eastern High Pyrenees. Intended as a resource book for those planning a range of mountain activities in the Pyrenees, the guide describes each area valley by valley, and provides information on access and accommodation, as well as recommended maps and guidebooks. Unlike a

conventional walking book, detailed route descriptions are not included; the guide does, however, direct the reader to the finest walks, treks and climbs in the area and provide an outline of specially selected routes. An extensive introduction gives all the practical advice and information needed for planning a trip. It offers a background to the mountains and their exploration, and provides a snapshot of the range with sections that help the reader focus on specific areas of activity, and suggests where best to exercise that activity.

Dans le Parc national des Ecrins Collins

This is a sequel to 'Touching The Void', in which Simpson described a fall in the Himalayas which crippled and almost broke him.

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