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# Shameless A Sexual Reformation

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What is the Bible?: How an Ancient Library of Poems, Letters and Stories Can Transform the Way You Think and Feel About Everything

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Healing

*Shameless A Sexual Reformation*

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## **BENJAMIN EVELYN**

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Summary of Shameless By Nadia Bolz-Weber Oxford University Press

In *Pure*, Linda Kay Klein uses a potent combination of journalism, cultural commentary, and memoir to take us “inside religious purity culture as only one who grew up in it can” (Gloria Steinem) and reveals the devastating effects evangelical Christianity’s views on female sexuality has had on a generation of young women. In the 1990s, a “purity industry” emerged out of the white evangelical Christian culture. Purity rings, purity pledges, and purity balls came with a dangerous message: girls are potential sexual “stumbling blocks” for boys and men, and any expression of a girl’s sexuality could reflect the corruption of her character. This message traumatized many girls—resulting in anxiety, fear, and experiences that mimicked the symptoms of Post-Traumatic Stress Disorder—and trapped them in a cycle of shame. This is the sex education Linda Kay Klein grew up with. Fearing being marked a Jezebel, Klein broke up with her high school boyfriend because she thought God told her to and took

pregnancy tests despite being a virgin, terrified that any sexual activity would be punished with an out-of-wedlock pregnancy. When the youth pastor of her church was convicted of sexual enticement of a twelve-year-old girl, Klein began to question purity-based sexual ethics. She contacted young women she knew, asking if they were coping with the same shame-induced issues she was. These intimate conversations developed into a twelve-year quest that took her across the country and into the lives of women raised in similar religious communities—a journey that facilitated her own healing and led her to churches that are seeking a new way to reconcile sexuality and spirituality. *Pure* is “a revelation... Part memoir and part journalism, *Pure* is a horrendous, granular, relentless, emotionally true account” (*The Cut*) of society’s larger subjugation of women and the role the purity industry played in maintaining it. Offering a prevailing message of resounding hope and encouragement, “*Pure* emboldens us to escape toxic misogyny and experience a fresh breath of freedom” (Glennon Doyle, #1 New York Times bestselling author of *Love Warrior* and founder of *Together Rising*).

[Shameless Profile Books](#)

Thirteen-year-old Kyra has grown up in an isolated community

without questioning the fact that her father has three wives and she has twenty brothers and sisters. That is, without questioning them much - if you don't count her secret visits to the Mobile Library on Wheels to read forbidden books, or her meetings with Joshua, the boy she hopes to choose for herself instead of having a man chosen for her. But when the Prophet decrees that she must marry her sixty-year-old uncle - who already has six wives - Kyra must make a desperate choice in the face of violence and her own fears of losing her family forever.

*Girl Boner* Canterbury Press

Seeing a need for monastic values in busy London life, Richard Carter founded the Nazareth Community. Part story, part spiritual meditation, *The City is My Monastery* shares the community's values of Silence, Service, Scripture, Sacrament, Sharing, Sabbath Time and Staying.

*Forbidden Fruit* InterVarsity Press

Beloved by children and adults worldwide, the writings of C.S. Lewis have a broad and enduring appeal. Although he is best known for the iconic *Chronicles of Narnia* series, C. S. Lewis was actually a man of many literary parts. Already well-known as a scholar in the thirties, he became a famous broadcaster during World War Two and wrote in many genres, including satire (*The Screwtape Letters*), science fiction (*Perelandra*), a novel (*Till We Have Faces*), and many other books on Christian belief, such as *Mere Christianity* and *Miracles*. His few sermons remain touchstones of their type. In addition to these, Lewis wrote hundreds of poems and articles on social and cultural issues, many books and articles in his field of literary criticism and history, and thousands of letters. At Oxford University he became a charismatic lecturer and conversationalist. Taken together his writings have engaged and influenced, often very deeply, millions of readers. Now Lewis societies, television documentaries, movies, radio plays, and theatrical treatments of his work and life have become common, and he is frequently quoted by journalists, critics, and public thinkers. This *Very Short Introduction* delves into the vast corpus of C. S. Lewis' work, discussing its core themes and lasting appeal. As James Como shows, C. S. Lewis' life is just as interesting as his work. A complex man, he came to his knowledge, beliefs, and wisdom only after much tortuous soul-searching and many painful events. Moving chronologically through Lewis' life, Como provides throughout a picture of the whole man, his work, and his enduring legacy. ABOUT THE SERIES: The *Very Short Introductions* series from Oxford University Press contains hundreds of titles in almost every subject area. These pocket-sized books are the perfect way to get ahead in a new subject quickly. Our expert authors combine facts, analysis, perspective, new ideas, and enthusiasm to make interesting and challenging topics highly readable.

**The Bible of Gay Sex** Bruno-Books

Most of us face the same questions every day: What do I want? And how can I get it? How can I live more happily and work more efficiently? This updated edition of the international bestseller distills into a single volume the fifty best decision-making models used on MBA courses, and elsewhere, that will help you tackle these important questions - from the well known (the Eisenhower matrix for time management) to the less familiar but equally useful (the Swiss Cheese model). It will even show you how to remember everything you will have learned by the end of it. Stylish and compact, this little black book is a powerful asset. Whether you need to plot a presentation, assess someone's business idea or get to know yourself better, this unique guide will help you simplify any problem and take steps towards the right decision.

*Resurrecting Sex* Independently Published

It's time to talk back. The generation born into evangelical purity culture has grown up, and many have started families of their own. But as time goes on, it's becoming more evident that many still struggle with purity culture's complicated legacy—its idolization of virginity, its mixed messages about modesty and lust, and its promise of a healthy marriage and great sex for those who follow the rules. In *Talking Back to Purity Culture*, Rachel Joy Welcher reviews the movement carefully, examining its teachings through the lens of Scripture. Compassionate, faithful, and wise, she charts a path forward for Christians in the ongoing debates about sexuality—one that rejects legalism and license alike, steering us back instead to the good news of Jesus. It's time to talk back to purity culture—and this book is ready to jump-start the conversation.

**Beyond Shame** Convergent Books

For anyone who's ever heard a motivational speech and immediately vomited, a guide to ignoring society's obsession with success Sit around, leave sh\*t all over the place, drink, forget about deadlines . . . being lazy is pretty easy. The real art in being chill is when someone without any real ambition can fly under the radar, and live unscathed by the never-ending reams of self-help and inspiration rained upon anyone who just wants to watch Netflix. The magical place where doing what comes naturally keeps the do-ers at arm's length. Rather than doing less, do just enough. So screw TED Talks, Instagram images of a beach that say "Fail Better" in gold cursive, marathon training, tips for keeping plants alive, and all self-aggrandizing social media. Ninety-nine percent of people on this planet are just pretty average. We're doing our thing. Trying to get out of bed in the morning. Hey, are you awake right now? Reading a sentence? You know what? That's success in my book. Being a person is hard enough without all the pressure to be good at it.

*Salvation on the Small Screen?* Oxford University Press

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[www.DrIntimacy.com](http://www.DrIntimacy.com) where you can also order Dr. Intimacy's newest books and find out more about how to connect with her. The *Spirits of Sexual Perversion Reference Book* has been read all over the world in countries such as USA, Nigeria, London, Canada, Australia and Germany. The most unique book ever of its kind; it delves deeply into the subject matter of beautiful GOD-designed sexuality, sexual misuse and how sex affects our worship with GOD. It also discloses how sex influences our personality and character traits and our relationships with people. This edition includes a dedicated chapter on the mysterious "night demons," also referred to as incubus, and a chapter especially for married couples. Along with these chapters you will enjoy deep and insightful discussion of 12 different spirits of sexual deviance. What makes this book extraordinary is Dr. Intimacy's heart felt transparency and compassion as she shares her unbelievable testimony, which encourages you every step of the way as you read this masterpiece of Prophetic revelation and Spiritual insight! A COMPLETE GUIDE TO UNDERSTANDING THE DEEPER PURPOSE OF SEXUALITY AND ITS COUNTERFEITS! GOD'S HANDBOOK ON SEX EDUCATION! Thousands of church leaders and everyday people have acquired understanding of true intimacy and experienced lasting deliverance from issues of sexual bondage. In this book learn about: - Fornication - Masturbation - Adultery - Incest - Homosexuality - Intersexuality (gender disorders) - Prostitution - Pornography - Molestation - Bestiality - Sexual Lust - Ritual Sex - Incubus/succubus/spirit husbands - GOD's purpose for sex - Sexual blood covenants - Satan's true motive for perversion - Intimacy guidelines for marriage - Seeing perversion when it is not physically present - Recognizing perversion in the church - 12 Steps to deliverance - Knowing how to tell when you're delivered

**I Kissed Dating Goodbye** National Geographic Books

Are you tired of reading another news story about Christians supposedly acting at their worst? Today there are too many examples of those claiming to follow Christ being caustic, divisive, and irrational, contributing to dismissals of the Christian faith as hypocritical, self-interested, and politically co-opted. What has happened in our society? One short outrageous video, whether it is true or not, can trigger an avalanche of comments on social media. Welcome to the new age of outrage. In this groundbreaking book featuring new survey research of evangelicals and their relationship to the age of outrage, Ed Stetzer offers a constructive way forward. You won't want to miss Ed's insightful analysis of our chaotic age, his commonsensical understanding of the cultural currents, and his compelling challenge to Christians to live in a refreshingly different way.

**Shameless** Harper Collins

In a culture where female empowerment is used to sell everything from sex toys to soap, most sex education continues to bypass pleasure. The results are stark; we've grown accustomed to slut- and prude-shaming and allowed others to dictate how a "good girl" is meant to feel, act, and look. In *Girl Boner: The Good Girl's Guide to Sexual Empowerment*, August McLaughlin offers an inclusive, unfiltered blend of personal narrative and practical tips on relationships, solo play, journaling, gender issues, and more. From the perks of "jilling off" to the 7 types of 'gasms, *Girl Boner* will "empower you to own your sexual self and enjoy ... your whole life a great deal more."

*Azagoth: A Demonica Underworld Novella* HarperCollins UK

Christians are obsessed with sex. But not in a good way. For nearly two thousand years, this obsession has often turned destructive, inflicting pain, suffering, and guilt on countless people of all persuasions and backgrounds. In *Shameless*, Bolz-Weber calls for a reformation. To make her case, she offers experiences from her own life and stories from her parishioners alongside biblical theology to explore what the church has taught, and the harm those teachings have caused.

Living in Love and Faith Church Publishing, Inc.

"À la Tara Westover's *Educated*, Scorah's pensive, ultimately liberating memoir chronicles her formative years as a Jehovah's Witness...and captures the bewilderment of belief and the bliss of self-discovery."--O, The Oprah Magazine, Named one of "The Best Books by Women of Summer 2019" "Scorah's book, the bravery of which cannot be overstated, is an earnest one, fueled by a plucky humor and a can-do spirit that endears. Her tale, though an exploration of extremity, is highly readable and warm."--The New York Times Book Review A riveting memoir of losing faith and finding freedom while a covert missionary in one of the world's most restrictive countries. A third-generation Jehovah's Witness, Amber Scorah had devoted her life to sounding God's warning of impending Armageddon. She volunteered to take the message to China, where the preaching she did was illegal and could result in her expulsion or worse. Here, she had some distance from her community for the first time. Immersion in a foreign language and culture--and a whole new way of thinking--turned her world upside down, and eventually led her to lose all that she had been sure was true. As a proselytizer in Shanghai, using fake names and secret codes to evade the authorities' notice, Scorah discreetly looked for targets in public parks and stores. To support herself, she found work at a Chinese language learning podcast, hiding her real purpose from her coworkers. Now with a creative outlet, getting to know worldly people for the first time, she began to understand that there were other ways of seeing the world and living a fulfilling life. When one of these relationships became an "escape hatch," Scorah's loss of faith culminated in her own personal apocalypse, the only kind of

ending possible for a Jehovah's Witness. Shunned by family and friends as an apostate, Scorah was alone in Shanghai and thrown into a world she had only known from the periphery--with no education or support system. A coming of age story of a woman already in her thirties, this unforgettable memoir examines what it's like to start one's life over again with an entirely new identity. It follows Scorah to New York City, where a personal tragedy forces her to look for new ways to find meaning in the absence of religion. With compelling, spare prose, *Leaving the Witness* traces the bittersweet process of starting over, when everything one's life was built around is gone.

## Hachette UK

Rooted in her experiences growing up in an Evangelical Christian family, Jamie Lee Finch's "You Are Your Own" offers an overview of Evangelicalism and the painful confusion and anxiety experienced under its demands. Finch explores the mechanisms of trauma and how fundamentalist denominations match the patterns connected with PTSD. She elaborates on the doubt, guilt, fear, and grief that haunt those leaving the Evangelical faith and offers an approach to help them recover healthy self-worth and resilience. A socio-historical autobiographical analysis of Evangelical Christianity's religious trauma, "You Are Your Own" emerges from Finch's reconnaissance on her own life--her journals, her stories, her trauma--and offers advocacy for everyone harmed by fundamentalist faith. Jamie Lee Finch is a sexuality and embodiment coach, intuitive healer, self-conversation facilitator, sex witch, and poet. You can learn about Jamie's work at [JamieLeeFinch.com](http://JamieLeeFinch.com)

Talking Back to Purity Culture Harper Collins

Hallelujah! Finally there is a book that tells you ALL you need to know about gay sex. For let's be honest: Talking sex is only easy as long as you can play the part of the experienced lover. Stephan Niederwieser--author of various sex guides--informs you about everything you need to know, whether it's dating, health, the best ways to relax or the responsible use of stimulants. The Bible of Gay Sex is richly illustrated; it's a competent and entertaining book about everyone's favorite pastime.

**Shameless** Canterbury Press

Americans remain deeply ambivalent about teenage sexuality. Many presume that such uneasiness is rooted in religion. But how exactly does religion contribute to the formation of teenagers' sexual values and actions? What difference, if any, does religion make in adolescents' sexual attitudes and behaviors? Are abstinence pledges effective? What does it mean to be "emotionally ready" for sex? Who expresses regrets about their sexual activity and why? Tackling these and other questions, *Forbidden Fruit* tells the definitive story of the sexual values and practices of American teenagers, paying particular attention to how participating in organized religion shapes sexual decision-making. Merging analyses of three national surveys with stories drawn from interviews with over 250 teenagers across America, Mark Regnerus reviews how young people learn--and what they know--about sex from their parents, schools, peers and other sources. He examines what experiences teens profess to have had, and how they make sense of these experiences in light of their own identities as religious, moral, and responsible persons. Religion can and does matter, Regnerus finds, but religious claims are often swamped by other compelling sexual scripts. Particularly interesting is the emergence of what Regnerus calls a new middle class sexual morality which has little to do with a desire for virginity but nevertheless shuns intercourse in order to avoid risks associated with pregnancy and STDs. And strikingly, evangelical teens aren't less sexually active than their non-evangelical counterparts, they just tend to feel guiltier about it. In fact, Regnerus finds that few religious teens have internalized or

are even able to articulate the sexual ethic taught by their denominations. The only—and largely ineffective—sexual message most religious teens are getting is, "Don't do it until you're married." Ultimately, Regnerus concludes, religion may influence adolescent sexual behavior, but it rarely motivates sexual decision making.

*Drop the Ball* Penguin

A book for everyone who's ever flipped past the religious channel [The Spirits of Sexual Perversion Reference Book](#) Fortress Press From a noted science journalist comes a wonderfully witty and fascinating exploration of how and why we kiss. When did humans begin to kiss? Why is kissing integral to some cultures and alien to others? Do good kissers make the best lovers? And is that expensive lip-plumping gloss worth it? Sheril Kirshenbaum, a biologist and science journalist, tackles these questions and more in *The Science of a Kiss*. It's everything you always wanted to know about kissing but either haven't asked, couldn't find out, or didn't realize you should understand. The book is informed by the latest studies and theories, but Kirshenbaum's engaging voice gives the information a light touch. Topics range from the kind of kissing men like to do (as distinct from women) to what animals can teach us about the kiss to whether or not the true art of kissing was lost sometime in the Dark Ages. Drawing upon classical history, evolutionary biology, psychology, popular culture, and more, Kirshenbaum's winning book will appeal to romantics and armchair scientists alike.

*Leaving the Witness* Amberjack Publishing

Attitudes towards divorce have changed considerably over the past two centuries. As society has moved away from a Biblical definition of marriage as an indissoluble union, to that of an individual and personal relationship, secular laws have evolved as well. Using unpublished sources and previously inaccessible private collections, Holmes explores the significant role the Church of England has played in these changes, as well as the impact this has had on ecclesiastical policies. This timely study will be relevant to ongoing debates about the meaning and nature of marriage, including the theological doctrines and ecclesiastical policies underlying current debates on same-sex marriage.

**You Are Your Own** Canterbury Press

In this remarkable book, Dr. David Schnarch, world-renowned sex and marital therapist and author of *Passionate Marriage*, offers a groundbreaking approach to resolving sexual difficulties and the relationship problems they cause. By showing couples how they can turn their worst sex and relationship disasters into personal

growth and spiritual connection, Dr. Schnarch offers couples the best sex of their lives. In addition to taking an unflinchingly honest, realistic, and erotic approach to sex, Dr. Schnarch reveals the complicated emotional interactions hidden within couples' most private moments. *Resurrecting Sex* speaks of compassion, partnership, generosity, and integrity in adult sexual relationships, offering hope to millions of people who are struggling with sexual difficulties. Uplifting, provocative, and heartfelt, the book is organized into four sections: A crash course in sex Explanation of how sexual relationships really work Medical options and bionic solutions Vignettes of couples changing their sexual relationships *Resurrecting Sex* addresses all major sexual issues, including male erection problems such as rapid orgasm and delayed orgasm; women's problems with arousal and lubrication, difficulty reaching orgasm, and low desire; full coverage of Viagra (for both men and women); and other sex-enhancing drugs and medical options. Rather than dwelling on sexual techniques, this sympathetic book shows how to cure the rejection, hostility, and emotional alienation that often accompany sexual problems. Its unique method helps couples develop the love, affection, and commitment that prevent divorce and strengthen families.

**Broken Idols of the English Reformation** Hachette UK

Now a New York Times bestselling author, Nadia Bolz-Weber takes no prisoners as she reclaims the term "pastrix" (pronounced "pas-triks," a term used by some Christians who refuse to recognize female pastors) in her messy, beautiful, prayer-and-profanity laden narrative about an unconventional life of faith. Heavily tattooed and loud-mouthed, Nadia, a former stand-up comic, sure as hell didn't consider herself to be religious leader material—until the day she ended up leading a friend's funeral in a smoky downtown comedy club. Surrounded by fellow alcoholics, depressives, and cynics, she realized: These were her people. Maybe she was meant to be their pastor. Using life stories—from living in a hopeful-but-haggard commune of slackers and her unusual but undeniable spiritual calling to her experiences pastoring people from all walks of life—and poignant honesty, Nadia portrays a woman who is both deeply faithful and deeply flawed, giving hope to the rest of us along the way. Wildly entertaining and deeply resonant, this is the book for people who hunger for a bit of hope that doesn't come from vapid consumerism; for women who talk too loud and guys who love chick flicks; and for the gay person who loves Jesus and won't be shunned by the church. In short, this book is for every misfit suspicious of institutionalized religion but who is still seeking transcendence and mystery.

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