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# Salt Slow

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Salt, Fat, Acid, Heat

Damn Delicious

The River Cottage Meat Book

Salt in the Wounds

The Faith Healer of Olive Avenue

salt slow

Salt & Stone

Strategies to Reduce Sodium Intake in the United States

Show Them a Good Time

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Salt Slow

Do Sea Salt  
The Boy Who Bakes

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**LANE BARKER**

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HarperCollins UK  
Two sisters in Cape Cod fight over the town's wealthiest bachelor as they learn about life, love, and family history. *Salt, Fat, Acid, Heat* Time Inc. Books  
The debut cookbook by the creator of the wildly popular blog Damn Delicious proves that

quick and easy doesn't have to mean boring. Blogger Chungah Rhee has attracted millions of devoted fans with recipes that are undeniable 'keepers'-each one so simple, so easy, and so flavor-packed, that you reach for them busy night after busy night. In *Damn Delicious*, she shares exclusive new recipes as well as her most beloved dishes, all designed to bring fun and excitement into everyday

cooking. From five-ingredient Mini Deep Dish Pizzas to no-fuss Sheet Pan Steak & Veggies and 20-minute Spaghetti Carbonara, the recipes will help even the most inexperienced cooks spend less time in the kitchen and more time around the table. Packed with quickie breakfasts, 30-minute skillet sprints, and speedy takeout copycats, this cookbook is guaranteed to inspire readers to whip up fast,

healthy, homemade meals that are truly 'damn delicious!'

*Damn Delicious* Picador Australia

His best friend has been murdered, his daughter's in danger. There's only one answer. Going back to his old life. The one that cost him his wife... Michael Brady was a high-flying detective, working on a high-profile case. And much too close to the truth. Someone arranged a hit-and-run. But they missed Brady. And hit his wife. And after six months sitting by her bed, he took

the only decision he could take. He turned the machine off. Now he's back home in Whitby. Trying to rebuild his life. And be a good dad to his teenage daughter. But when his best friend is murdered Brady - unwillingly at first - is drawn into the investigation. And when the only people he has left are threatened, he finds there's only one answer. Going back to his old life... *Salt in the Wounds* is the first novel from award winning writer and blogger Mark

Richards. It's set in Whitby, on the North Yorkshire coast, and tells the story of former Detective Inspector Michael Brady. His wife's dead and he's back in his home town - trying to rebuild his life and be a good dad to his 13 year old daughter. So I had to make the decision. For my daughter. Her life was on hold. And she needs someone. At least I've got a sister here. God knows Ash isn't going to ask me if she has a problem with her periods. But then Brady's best friend is

murdered. And if he's going to stop the wrong person going on trial, there's only one option. He has to act. He couldn't let someone else control his life. Especially when 'someone else' was Bill Calvert. He owed it to Grace, to Ash. Most of all he owed it to himself. He hadn't asked for this. But he had to deal with it. Sort it out, find the killer. And then start his new life. 'I love you, Grace,' he said. And walked back down the cliff path... ...And finally, Brady has to risk everything. This was the

moment to turn back. Wait for some uniforms. Say, 'He's down there. At the end of the pier.' Leave it to someone younger, fitter. Someone without a daughter. But Gorse was waiting. And he had Carl. And he knew. He knew who'd killed Grace... Salt in the Wounds is the first book in a series of six. The second book in the series will be published just before Christmas *The River Cottage Meat Book* BenBella Books The long-awaited cookbook from Tom Kerridge's legendary two-

Michelin-star pub. The Hand & Flowers is the first (and only) pub in the world to acquire two Michelin stars. At this relaxed and accessible dining space in the heart of Buckinghamshire, Tom Kerridge serves up innovative, sophisticated dishes that masterfully reinvent and elevate British classics for the twenty-first century. The incredible new cookbook presents 70 of the best dishes that have ever appeared on the menu, including Roast hog with salt-baked potatoes and

apple sauce; Slow-cooked duck breast, peas, duck-fat chips and gravy; Smoked haddock omelette; Salt cod Scotch egg with red pepper sauce and picante chorizo; and Chocolate and ale cake with salted caramel and muscovado ice cream. With specially commissioned photography by renowned photographer Cristian Barnett, *The Hand & Flowers Cookbook* is a stunning celebration of one of the world's best and most authentic restaurants.

### **Salt in the Wounds**

Simon and Schuster People involved in such activities as lobstering, sea moss harvesting, and manning lighthouses discuss their lives in Maine and how they have changed over the years.

### **The Faith Healer of Olive Avenue** Coffee House Press

Jackson "The Beast" Boudreaux is rich, gorgeous, and unbelievably rude to the staff at Chef Bianca Hardwick's New Orleans restaurant. Bianca would sooner douse herself in

hot sauce than cook for Jackson again, but when he asks her to cater his fundraiser, Bianca can't refuse, knowing the cash will help pay her mother's medical bills. Then Jackson makes another outrageous request: Marry me. The unconventional offer includes an enormous sum--money Bianca desperately needs, even if it does come with a contract--and a stunning ring.

### **salt slow** Tor Nightfire

This is an inspirational guide to baking from the winner of 'The Great

British Bake Off 2010'. From the traditional to new twists on old favourites there are recipes to suit all abilities. The book covers cakes, cookies, pastry, desserts, and even ice-creams. *Salt & Stone* HarperCollins UK

A New Statesman, Irish Times and Guardian Book of the Year 'A masterclass . . . Bold, irreverent and agonisingly funny' Sally Rooney A young, broke Irish woman narrates her relationship with a successful comedian in New York; two hapless

university students take to the stage in a bid to assert their autonomy; a school teacher makes her way through a series of dead-end dates, gamely searching for love or distraction as the world teeters towards ruin. The characters in these magnificently accomplished stories are haunted as much by the future as they are by their pasts. Urgent and unforgettable, *Show Them a Good Time* marks the arrival of a strikingly original new voice in fiction. 'Demands

repeated reading' Jon McGregor 'Explores difficult questions about self-worth, agency and intimacy with thrilling sharpness' Sunday Times 'Announces the arrival of a brilliant talent' Financial Times Winner of the Irish Book Awards Short Story of the Year 2019 [Strategies to Reduce Sodium Intake in the United States](#) UPNE Reducing the intake of sodium is an important public health goal for Americans. Since the 1970s, an array of public health interventions and

national dietary guidelines has sought to reduce sodium intake. However, the U.S. population still consumes more sodium than is recommended, placing individuals at risk for diseases related to elevated blood pressure. Strategies to Reduce Sodium Intake in the United States evaluates and makes recommendations about strategies that could be implemented to reduce dietary sodium intake to levels recommended by the Dietary Guidelines for Americans. The book

reviews past and ongoing efforts to reduce the sodium content of the food supply and to motivate consumers to change behavior. Based on past lessons learned, the book makes recommendations for future initiatives. It is an excellent resource for federal and state public health officials, the processed food and food service industries, health care professionals, consumer advocacy groups, and academic researchers. Show Them a Good Time

Penguin UK  
Named a Best Book of 2020 by The Guardian, Southwest Review, and Publishers Weekly "[The stories] are short, but their mood and imagery are lasting, and reflective of brutal truths of the commerce of human civilization . . . chilling, finely tuned pieces on power and survival." --Los Angeles Times A collection of innovative and ambitious short stories from a visionary young literary artist In The Dominant Animal—Kathryn



Scanlan's adventurous, unsettling debut collection—compression is key. Sentences have been relentlessly trimmed, tuned, and teased for maximum impact, and a ferocious attention to rhythm and sound results in a palpable pulse of excitability and distress. The nature of love is questioned at a golf course, a flower shop, an all-you-can-eat buffet. The clay head of a man is bought and displayed as a trophy. Interior life manifests on the physical plane, where

characters—human and animal—eat and breathe, provoke and injure one another. With exquisite control, Scanlan moves from expansive moods and fine afternoons to unease and violence—and also from deliberate and generative ambiguity to shocking, revelatory exactitude. Disturbances accrue as the collection progresses. How often the conclusions open—rather than tie—up. How they twist alertly. No mercy, a character says—and these stories are merciless and strange and absolutely

masterful.

### **The Dominant Animal**

Canongate Books

How far would you go to survive? In *FIRE & FLOOD*, Tella Holloway faced a dangerous trek through the jungle and a terrifying march across the desert, all to remain a Contender in the *Brimstone Bleed* for a chance at obtaining the Cure for her brother. She can't stop - and in *SALT & STONE*, Tella will have to face the unseen dangers of the ocean, the breathless cold of a mountain, and twisted new rules in the race. But

what if the danger is deeper than that? How do you know who to trust when everyone's keeping secrets? What do you do when the person you'd relied on most suddenly isn't there for support? How do you weigh one life against another? The race is coming to an end, and Tella is running out of time, resources, and strength. At the beginning of the race there were one hundred twenty-two Contenders. As Tella and her remaining friends start the fourth and final part of the race, just forty-

one are left . . . and only one can win. Victoria Scott's stunning thriller will leave readers' hearts racing!  
*Sweet Salt Air* Bloomsbury Publishing  
 "This doll's eye view is a total delight and surveys a world awash with shadowy wit and exquisite collisions of beauty and the grotesque." —Helen Oyeyemi, author of *Boy, Snow, Bird* "Down to its most particular details, *The Doll's Alphabet* creates an individual world—a landscape I have never encountered

before, which now feels like it was been waiting to be captured, and waiting to captivate, all along."  
 —Sheila Heti, author of *How Should a Person Be?* "Marvellous. Grudova understands that the best writing has to pull off the hardest aesthetic trick—it has to be both memorable and fleeting." —Deborah Levy, author of *Hot Milk Dolls*, sewing machines, tinned foods, mirrors, malfunctioning bodies—by constantly reinventing ways to engage with her obsessions and motifs, Camilla Grudova has built

a universe that's highly imaginative, incredibly original, and absolutely discomfiting. The stories in *The Doll's Alphabet* are by turns child-like and naive, grotesque and very dark: the marriage of Margaret Atwood and Angela Carter. Camilla Grudova lives in Toronto. She holds a degree in Art History and German from McGill University, Montreal. Her fiction has appeared in *The White Review* and *Granta*. [Burn for You](#) National Academies Press Shortlisted for the Sunday

Times Young Writer of the Year Award From White Review Short Story Prize winner Julia Armfield, a brilliant, provocative debut story collection for fans of Carmen Maria Machado and Kelly Link. In her electrifying debut, Julia Armfield explores women's experiences in contemporary society, mapped through their bodies. As urban dwellers' sleeps become disassociated from them, like Peter Pan's shadow, a city turns insomniac. A teenager entering puberty finds her body

transforming in ways very different than her classmates'. As a popular band gathers momentum, the fangirls following their tour turn into something monstrous. After their parents remarry, two step-sisters, one a girl and one a wolf, develop a dangerously close bond. And in an apocalyptic landscape, a pregnant woman begins to realize that the creature in her belly is not what she expected. Blending elements of horror, science fiction, mythology, and feminism,

salt slow is an utterly original collection of short stories that are sure to dazzle and shock, heralding the arrival of a daring new voice.

*Skinnytaste Cookbook*

Montlake Romance

On a patch of Sri Lanka's exquisite southern coast stands the Villa Hibiscus. It is Padma's home. The owner of the villa, Gerhard, is an elderly Austrian architect to whom Padma was taken when young by Sunny, her scheming father. He had hoped to use his attractive child to entice

the wealthy new foreigner in the area. Gerhard, in turn, adopted Padma, paying Sunny to stay away until she would be grown up, when Gerhard expects to have sent Padma to university, far away. But Padma fails her exams and is lonely in the city, gladly returning to her beloved old home by the sea. With Gerhard's help, she creates a guest house at the villa. Soon, guests start to arrive, opening new vistas for Padma through their friendship and love. This is when Sunny appears,

ready to reclaim his daughter ... A captivating novel about the meaning of home and family, love and loss, Beautiful Place marks the arrival of a dazzling new voice.

**The Doll's Alphabet** Salt Publishing

Magic passed down through generations. An island where strange things happen. One summer that will become legend. Practical Magic meets Nova Ren Suma's Imaginary Girls and Laura Ruby's Bone Gap in this lush, atmospheric novel by acclaimed author

Katrina Leno. Georgina Fernweh waits impatiently for the tingle of magic in her fingers—magic that has touched every woman in her family. But with her eighteenth birthday looming at the end of this summer, Georgina fears her gift will never come. Over the course of her last summer on the island—a summer of storms, falling in love, and the mystery behind one rare three-hundred-year-old bird—Georgina will learn the truth about magic, in all its many forms. Praise for Katrina

Leno: “Leno’s writing is flawless. Readers of all ages will find themselves swept away.” —VOYA “Charming and sophisticated.” —Kirkus “Crackles with wit, humor, and enormous love.”—Booklist (starred review) “Introduces a fierce new presence.”—Publishers Weekly (starred review) Salt for Air University of Adelaide Press Salt Dancers is at once a brilliant portrait of an American family, a story of the secrets families guard, and a moving

account of one woman's journey back to a past filled with elusive memories and suppressed rage. Why did Julia's mother disappear one day without so much as a word? How did a loving father who taught her such a beautiful thing as the salt dance become such a terrifying and abusive presence? These are the questions which Julia must confront when she returns to Spokane, Washington, after an absence of twenty-three years. Salt Dancers, a superbly written novel, is

a poignant and truthful chronicle of self-discovery and the power of resurrection.

Salt in My Soul Ember Greek mythology meets The Little Mermaid in this delicious fantasy novel about a quiet, nerdy girl who meets a mer prince in her bathroom. Perfect for fans of The Heroes of Olympus and the Lux series. Seventeen-year-old Ellie dreams of mermen. She writes fanfiction about them and spends time in underwater kingdoms in her imagination, trying to

escape the sad reality: she is an orphan. And not only that, but she's bullied every day at school -she's a nerd, she hates sports, she loves books and she used to be overweight. What's not to bully? One day, the bullies go too far. They try to drown her, but at the last minute an otherworldly creature shows up in the water. He keeps her breathing and tells her to live: "How will you be able to save anyone if you can't even save yourself?" She thinks it was a dream, but the emerald-eyed merman

boy who rescued her appears in her school the next day. Is he really the exiled prince of an ancient kingdom that's on the brink of utter destruction? And is he asking her to save him? Or is something far more sinister and deadly lurking in the water that surrounds her little Greek town? When myth and reality collide, can love save their lives? The Years of Rice and Salt Do Book Company "This book aims to help you find good meat, understand it better, cook it with greater confidence,

and eat it with much pleasure." "It first of all covers the basics - everything you'll need to know about choosing the very best raw materials, understanding the different cuts and the cooking techniques associated with each of them. I've then given what I hope are foolproof recipes for 150 meat classics from both British and foreign food cultures - shepherd's pie, steak and kidney pie, roast pork with perfect crackling, glazed baked ham, Irish stew, roast grouse with all the

trimmings, toad in the hole, oxtail stew; plus definitive, authentic versions of pot au feu, cassoulet, choucroute, steak tartare, coq au vin, bolito misto, pasticcio, jerked pork, feijoida, cozido, curried goat, satay and chilli con carne." "I would like this book to be your first stop on the shelf whether you seek either inspired recipes or technical guidance on any aspect of meat cookery" - Hugh Fearnley-Whittingstall  
*As Meat Loves Salt*  
 Picador

Shortlisted for the Man Booker Prize 2012. On the outer deck of a North Sea ferry stands Futh, a middle-aged and newly separated man, on his way to Germany for a restorative walking holiday. After an inexplicably hostile encounter with a hotel landlord, Futh sets out along the Rhine. As he contemplates an earlier trip to Germany and the things he has done in his life, he does not foresee the potentially devastating consequences of things

not done.

The Salt Book Simon and Schuster

This alternate history from the award-winning author of 'The Wild Shore' takes us on a journey through

seven hundred years of history as it never was, but might have been.

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