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32 Tennis Strategies for Today's Game (Russian Version)
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32 Tennis Strategies for Today's Game
60 Tennis Strategies and Mental Tactics: Mental Toughness Training
The On-court Guide to Tennis Strategy
The Art of Doubles
Master Your Tennis Skill
Tennis Strategy for Junior Competitive Players
Game of Tennis
Winning Doubles Strategy for Recreational Tennis Players
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Tennis Tactics

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KASEY SANTIAGO

114 Tennis Strategies, Mental Tactics, and Drills CreateSpace

Get the advantage—mental strategies for acing tennis. Get your head in the game. Master Your Tennis Game serves up quick mental techniques, tactics, and tips for boosting your overall performance and beating your opponents. Train your brain and be the best tennis player you can be. Concise, fun, and easy to read, this book offers 50 practical and actionable methods that show you how to stay calm and concentrate during any tennis game. Even if your rival is tough competition, outsmart them with these targeted mental approaches. Master Your Tennis Game includes: Streamlined strategies—From choosing your mood music to analyzing your opponent's play style, apply these easy-to-understand tactics to your tennis game right away. Overpower any opponent—Find techniques for beating common play styles, including aggressive baseliner, left-hander, and more. Popular player profiles—From Serena Williams to Roger Federer, learn all about your favorite tennis pros (and their strategies, too!). The ball is in your court. Focus your mind and win the match with these highly effective mental strategies for honing your tennis skills.

Mens Doubles and Singles Tennis Strategies Independently Published

Winning is an art that involves the ability to observe your opponent and act on what you see. It also takes mental fortitude and an ability to protect, and even mask, your own weaknesses. This book provides a foundational strategic template for players to identify their best strategies and to branch out to become complete players. A logical progression of development is examined, discussed and debated.

Five Tennis Strategy Tips To Help Your Game CreateSpace

You want to amp up your doubles game. Maybe you want to win your Saturday morning match more than once a month, or you're slipping down the pecking order on your league team. What do you do? If you're like most recreational players, you double down

on improving your strokes. You sign up for lessons, serve buckets of balls, and drill your backhand. While all of these steps are good and will help your game, you won't see the results you're looking for as quickly as you would like. Doubles is much more than the sum of your strokes. While you want to have some combination of a steady serve, consistent return, decent volley, reliable lob, dependable overhead, and good groundstrokes, you also have the twin challenges of playing with a partner and facing two opponents on the other side of the net. The better-and faster-way to start winning more is to improve your match strategy. Rather than focusing on to hit the ball, concentrate on the where, when, and why you're hitting it. Strategy is so important in doubles because you are playing as a team. All of us have been in those situations where your partner and you are each individually better than either of your opponents, but they beat you every time because they play together. They move as one, cutting off your angles. They always seem to be at the net, keeping you on the defensive. And they appear to know where you are going to hit the ball, waiting there to put it away. You can be one of those players. While there are numerous doubles strategies, the most effective for recreational players is to avoid unforced errors. In recreational doubles, eight out of every ten points are decided by unforced errors. Entire games can roll by without any of the players hitting a winner. The primary cause of unforced errors is trying to do too much with the ball. You hit your first serve too hard and it plows straight into the net. You drive your return down the line and it lands wide. You smash your overhead and it hits the back fence on the fly. When you play strategically, you don't have to try that hard. On every point, depending on where the four players are on the court, there are a limited number of correct shots to hit-often only one-and a correct position to take following your shot. Here's an example. You're receiving serve in the ad court. The server has spun the serve wide to your backhand, pulling you outside the doubles sideline. You may have the urge to drive the ball down the line, but that would be a high-risk shot even if there weren't an opponent standing at the net. You might try a sharply angled cross-court sliced return, but from that depth, you will be hard pressed to keep the ball in the court.

And, if you do, the server will likely be well-positioned to hit a volley into the court that you've vacated. The right shot-really the only one-is to lift a lob over the net player's head. You remove her from the equation and force her-and maybe the server-to retreat from the net. With one shot, you steal the serving team's advantage and give your team the opportunity to take the offensive. On the following pages, you will learn how to adapt the concepts of strategic tennis to every situation you face on the doubles court. We will also look at the importance of playing with the right partner, the need for constant and constructive communication between partners, and how developing a shared strategy can give your team an almost unassailable advantage in most recreational doubles matches. Improving your tennis strokes significantly can take months or even years. Improving your tennis strategy enough to start winning the matches you're now losing takes only a few weeks. Knowing where to hit the ball and where to move will have a bigger impact on your game than adding a few miles per hour to your serve or working on your drop volley.

Womens Doubles and Singles Tennis Strategies Lulu.com

A unique insight into 60 strategies that will improve your game and take it to the next level. Coach Joseph Correa explains in detail each strategy that will allow you to outperform the competition.

Think to Win CreateSpace

Singles and Doubles Tennis Strategies: Winning Tactics and Mental Strategies to Beat Anyone By Joseph Correa The importance of strategic tennis can be seen often in competitive tennis and knowing how to apply those strategies can help win more matches against tougher opponents. These strategies will allow you to do three things: 1. Prepare for a specific style of player. 2. You will know what counter strategies can be used to most effectively compete. 3. How to execute those strategies based on your style of play. Being successful in singles or doubles requires that be prepared to excel against any type of playing style and that you are able to adapted quickly and effectively to overcome them. The best tennis players in the world do this on a daily basis because that's the only for them to succeed and you

can too with these strategies. This tennis strategy playbook is pocket size and should be kept in your tennis bag or where you will most likely see it to keep you ready to apply which ever strategy will be most useful for that match. This book includes a supplemental training course which can be found by going to www.coachcorrea.com.

Tennis Strategy St. Martin's Griffin

Winning is an art that involves the ability to observe your opponent and act on what you see. It also takes mental fortitude and an ability to protect, and even mask, your own weaknesses. This book provides a foundational strategic template for players to identify their best strategies and to branch out to become complete players. A logical progression of development is examined, discussed and debated.

[Tennis: Top Level Tactics to Beat More Opponents](#) CreateSpace
[Women's Tennis Strategies: Win More Matches by Playing Smarter: The Best Tennis Strategies to Win More Matches!](#) By Joseph Correa In women's tennis, knowing what strategy to use can make the difference between winning and losing. The importance of strategic tennis can be seen often in competitive tennis and knowing how to apply those strategies can help win more matches against tougher opponents. Being successful in singles or doubles requires that be prepared to excel against any type of playing style and that you are able to adapted quickly and effectively to overcome them. The best tennis players in the world do this on a daily basis because that's the only for them to succeed and you can too with these strategies. This tennis strategy will come in handy during competition and should be kept in your tennis bag or where you will most likely see it to keep you ready to apply which ever strategy will be most useful for that match. This book includes a supplemental training course which can be found by going to www.coachcorrea.com.

[The On-court Guide To Tennis Strategy](#) Createspace Independent Publishing Platform

The tennis classic from Olympic gold medalist and ESPN analyst Brad Gilbert, now featuring a new introduction with tips drawn from the strategies of Roger Federer, Novak Djokovic, Serena Williams, Andy Murray, and more, to help you outthink and outplay your toughest opponents. A former Olympic medalist and now one of ESPN's most respected analysts, Brad Gilbert shares his timeless tricks and tips, including "some real gems" (Tennis

magazine) to help both recreational and professional players improve their game. In the new introduction to this third edition, Gilbert uses his inside access to analyze current stars such as Serena Williams and Rafael Nadal, showing readers how to beat better players without playing better tennis. Written with clarity and wit, this classic combat manual for the tennis court has become the bible of tennis instruction books for countless players worldwide.

[Master Your Tennis Game](#) CreateSpace

114 Tennis Strategies, Mental Tactics, and Drills: Play Like a Pro By Joseph Correa "Learn how to uncover mental and physical skills you never thought you had." The best strategies in the game and the best drills to develop your game to the next level. Simply start reading and putting into practice what you learn. What all the best tennis pros in the world know but don't share. Now you can have this privileged information in your hands. (Black and white version) It is said that winning in tennis is 80 - 90 % MENTAL! Just take into account that key points in a tennis match such as match point, game point, break points, and set points, are all crucial situations that can decide the outcome of any particular competition. SO WHY DO MOST PEOPLE SKIP MENTAL TRAINING? For more great tennis books and videos go to www.tennisvideostore.com

Singles and Doubles Tennis Strategies Human Kinetics

This (quick-fix) book gives you the tactics and mental philosophy to beat any style player, singles or doubles. The tips are pointed, cut right to the chase, are in layman's terms and summarized into powerful bullet point sections for (instant access). The book is the culmination of 38 years coaching, 50,000 hours on-court experience, years of seeking uncommon knowledge, and decades of creating the most (efficient and effective) methods to help students find their best fast! The book has 3 main sections: 1. Understanding different styles of players. 2. How to beat any style player, singles or doubles. 3. Mental toughness philosophy and mindsets. The strategy section provides potent tactics on how to beat any style player including, Singles: how to beat a big server, a great returner, aggressive baseliner, pusher, counter-puncher, hacker-slicer, and all-court player. Doubles: how to beat big serving teams, great returning teams, teams that control the net, one up one back teams, poaching teams, lobbing teams, and teams with one hot player. The mental toughness section

uniquely redefines attitudes regarding winning and losing, competition, pressure, mistakes, fear, choking, and adversity to teach you how to play up to and (stretch) the upper limits of your ability. Overall, this book is tailored to save you time, improve practice sessions, free your mind and emotions from blocking the flow of your body, and give you the instantaneous tactical wisdom to consistently win!

Singles and Doubles Tennis Strategies Createspace Independent Publishing Platform

32 TENNIS STRATEGIES FOR TODAY'S GAME (Russian Version) By Joseph Correa Pro tennis player and coach, Joseph Correa, teaches you the most important tennis strategies and tactics around to help you maximize your potential. Learn about: - Basic tennis strategies - Advanced tennis strategies - Mental tennis strategies - and more... Some of the strategies you will learn how to do are: How to beat an all-court player. How to beat the "net rusher". How to over come "lobbers". What to do after you double fault. Learn from the best with this great tennis strategy book that will get you winning more matches and thinking better on and off the court. Win more matches by using the right strategy for each situation. Every player is different in their own way. Some players prefer to stay on the baseline, while others prefer to rush the net. This book will give you the answer to your strategy questions. These 32 strategies will teach you how to beat many different types of players and will help you to overcome mental obstacles through specific mental strategies that are included in this book. The more strategies and tactics you know and can use the better it is for you. For more great tennis videos and books, go to www.tennisvideostore.com

[Winning Singles Strategy for Recreational Tennis Players](#) Createspace Independent Publishing Platform

Table tennis is a weirdly addictive sport. All over the world, an army of amateur table tennis players compete in leagues, tournaments, pub battles, work challenges and 'friendly' family games. A 78-year-old can beat a 28-year-old. A 10-year-old can make a grown man cry. To win, you need ninja-like reflexes, the control and coordination of a tightrope-artist, and the tactical dexterity of a chess grandmaster. In this book, coach Tom Lodziak will help you improve your table tennis skills, win more points and win more matches. Tom shares tips on training, service, returning serves, winning points, tactics, playing matches and continual

improvement. These are tips which work at amateur level. Tips which are achievable. Tips which will make a difference, even if you only play one hour per week. Are you ready to transform your table tennis game?

[32 Tennis Strategies for Today's Game \(Russian Version\)](#)

tennismentalscience

Tennis: Top level tactics to beat more opponents Playing every point with a goal increases your chances of winning. Do you have tactics and patterns that help you win? Do you know exactly how to beat your opponent? This book aims to coach tennis players, no matter their level, on how to use their strengths and their opponent's weaknesses to win more matches. Learn how to build points in your favor and adapt against different opponents so that you can start playing at a higher level. Once you have high-level tactics and patterns of play in place, you will be able to increase your chances of winning matches you never thought you could win before.

60 Tennis Strategies and Mental Tactics (Russian Edition)

Createspace Independent Publishing Platform

Tactical serving - Tactical returning - Playing the baseline - Playing the net - Opposing the net player - Developing a game style.

60 Tennis Strategies and Mental Tactics Lulu.com

Pro tennis player and coach, Joseph Correa, teaches you the most important singles and doubles tennis strategies and tactics around to help you maximize your potential. Learn about: - "I" formation doubles strategies - Classic doubles strategies - Advanced doubles strategies - Basic tennis strategies - Advanced tennis strategies - Mental tennis strategies - and more... Some of the strategies you will learn how to do are: How to beat an all-court player. How to beat the "net rusher". How to overcome "lobbers". What to do after you double fault. Learn from the best with this great tennis strategy book that will get you winning more matches and thinking better on and off the court. Win more matches by using the right strategy for each situation. Every player is different in their own way. Some players prefer to stay on the baseline, while others prefer to rush the net. This book will give you the answer to your strategy questions. These 32 strategies will teach you how to beat many different types of players and will help you to overcome mental obstacles through specific mental strategies that are included in this book. The more strategies and tactics you know and can use the better it is for

you. Learning to master the mental side of tennis has always been a difficult part of the game. Some players have decided to simply not train mentally or simply ignore it which is a big mistake. It is said that winning in tennis is 80 - 90 % MENTAL! Just take into account that key points in a tennis match such as match point, game point, break points, and set points, are all crucial situations that can decide the outcome of any particular competition. SO WHY DO MOST PEOPLE SKIP MENTAL TRAINING? Take into account that on average a tennis match lasts 1 hour and 30 minutes. Focusing for such an extended amount of time is not easy task but with the right concepts and ideas to get you there things will become more obtainable. Start reading and putting into practice the concepts and ideas provided in this book so that you can get the most of your game and win more often.

For more great tennis books and videos go to

www.tennisvideostore.com

[Women's Tennis Tactics](#) Penguin

32 TENNIS STRATEGIES FOR TODAY'S GAME By Joseph Correa Pro tennis player and coach, Joseph Correa, teaches you the most important tennis strategies and tactics around to help you maximize your potential. Learn about: - Basic tennis strategies - Advanced tennis strategies - Mental tennis strategies - and more... Some of the strategies you will learn how to do are: How to beat an all-court player. How to beat the "net rusher." How to overcome "lobbers." What to do after you double fault. Learn from the best with this great tennis strategy book that will get you winning more matches and thinking better on and off the court. Win more matches by using the right strategy for each situation. Every player is different in their own way. Some players prefer to stay on the baseline, while others prefer to rush the net. This book will give you the answer to your strategy questions. These 32 strategies will teach you how to beat many different types of players and will help you to overcome mental obstacles through specific mental strategies that are included in this book. The more strategies and tactics you know and can use the better it is for you.

Tennis Strategy for High School Coaches CreateSpace

The On-court Guide to Tennis Strategy is your resource. The goal of this book is to serve as a quick reference guide to techniques and tactics for every type of player and playing style you might encounter while on the court. To make it easier to store in your

racket cover or racket bag, I purposefully made this booklet smaller in size. I want to start off by saying that for the rest of this book, both male and female players will be referred to as "He." If you play singles, you will truly appreciate the strategies for undermining your opponent's game plan in a match. When you are unable to obtain coaching, you can use this booklet as your on-court "coach" for tennis matches. If you play doubles, you'll appreciate the methods and tactics provided for use against a range of various doubles opponents and playing techniques. This guidebook should be read by you and your partner, and you should always keep it with you in your racket cover so you can readily access it during a game. In this book, you will learn; - How to beat singles players - How to beat doubles teams - Mental toughness that discusses how to deal with gamesmanship, such as cheaters and people that constantly approach you during a game. - Quick tips for success that will help you better grasp what it takes to succeed in competitive tennis. You should use this book as a reference for courtside strategy while making side adjustments. Simply look up the type of player you are playing against in the table of contents to use it. Then navigate to that page and read the succinct explanation of that type of player that is provided. Get this book if you believe that your opponent sounds like this. You'll discover that each page contains 6-7 various strategies to use in opposition to that specific type of player. I've mentioned a couple of things to never do while playing against that kind of opponent below those techniques. *Tennis Strategy for Junior Tournament Players* CreateSpace A Davis Cup winner and Pepperdine coach has written the first book on the strategy and mental dimension of the game since the bestselling *The Inner Game of Tennis*.

[Never Beat Yourself at Tennis](#) Lulu.com

114 Tennis Strategies, Mental Tactics, and Drills By Joseph Correa Strategy plays a big part in competitive tennis and knowing how to apply those strategies can help win more matches against tougher opponents. These strategies will allow you to do three things: 1. Prepare for a specific style of player. 2. You will know what counter strategies can be used to most effectively compete. 3. How to execute those strategies based on your style of play. This tennis strategy and mental tactics playbook is pocket size and should be kept in your tennis bag or where you will most likely see it to keep you ready to apply which ever strategy will be

most useful for that match. Point drills and advanced tennis drills are lots of fun and are exciting for the players doing them. Sometimes it might become difficult for you to complete some of the rope drills but don't give. Keep working hard and eventually you will get it right. This unusual type of training will help you to improve your overall control of high balls, low balls, high top spin, and low slice, flat or with minimal topspin. You will also improve your ability to direct the ball to specific spots on the court as well as become a lot more consistent. Once you complete this training you will feel more complete as a tennis player and will enjoy

making your opponents work harder than they have ever before. *Spin* Rockridge Press

Take Your Doubles Game to the Next Level! Whether you're trying to improve your doubles game or are just getting started playing tennis with a partner, *The Art of Doubles* is the book for you. Author Pat Blaskower is your personal coach, guiding and encouraging you and your partner to play winning tennis by showing you how to:

- choose a compatible partner
- determine your jobs on the court
- learn poaching skills
- communicate with

- each other and opposing teams
- maintain mental toughness
- use various formations and strategies
- pick your shots intelligently
- decide where to play: tournaments or leagues
- and much, much more!

The book also includes detailed court diagrams that show you how to execute offense, defense, and tactical plays; checklists that summarize the most important points of each chapter; and on-court drills to help you improve and refine your skills. *The Art of Doubles* is loaded with practical, proven tennis strategies that you can put to work immediately to see improvements in your own doubles game!

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