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# Picture Books About Emotions Leon County Florida

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How Do I Feel?

Leon and Luna

The Snow Lion

Leon and Bob

My Book of Feelings

Leon

The Feelings Library

Yoga Made Easy

Library Services for Youth with Autism Spectrum Disorders

Moody Cow Meditates (Large Print 16pt)

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Leon and Albertine

What Are You Feeling, Dragon

Visiting Feelings

Let It Go

Feelings About Feelings

A Little SPOT of Feelings

Aroha's Way

Leon and the Place Between

Emotions!

Mindful Listening Instruction in the Elementary Classroom: Authentic Strategies

Using Picturebooks

Understanding EMOTIONS Workbook For Kids

Name These Feelings

Florence & Leon

Deeplight

Talking About Feelings

Feelings

Picture Book about Feelings and Emotions for Toddler

How Are You Feeling Now?

Rainbow Chameleon

Ravi's Roar

It's OK to Cry

Leo the Turtle Has a Home

My Name Is Leon

## Uniform Justice

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### LAILA WANG

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How Do I Feel? Neon

Picture Books

Come along on a journey with Aroha, as she wards off nervousness, fear, worrying thoughts and apprehension, with simple, yet effective tools that everyone can use.

*Leon and Luna* National Geographic Books

"I wonder, then, what freedom is. Is it a place? Is it a thought? Can it be stolen? Can it be bought?"

As powerful as it is beautiful, *Freedom, We Sing* is a lyrical picture book designed to inspire and give hope to readers around the world. Molly Mendoza's immersive, lush illustrations invite kids to ponder singer/songwriter Amyra León's poem about what it means to be free. It's the perfect book for parents who want a way to gently start the conversation with their kids about finding hope in these very tense times we are living in.

**The Snow Lion** Orca Book Publishers

Do you have a feeling that's visiting today? Can you open your door and

invite it to play? *Visiting Feelings* encourages children to treat their feelings like guests -- welcome them in, get to know them, and perhaps learn why they are visiting. Through this purposeful and mindful exploration, *Visiting Feelings* harnesses a young child's innate capacity to fully experience the present moment and invites children to sense, explore, and befriend all of their feelings with acceptance and equanimity. *A Note to Parents* provides more information about emotional awareness and mindfulness, plus practical advice and activities for introducing mindfulness into daily family routine.

#### **Leon and Bob**

Independently Published  
*Leon*, a six-month old baby, is placed into the care of Enid & Jim Frazer, after his father commits suicide and his mother, subsequently, abandons him. At the hands of his new "carers", he emerges, gradually, into a world of self-loathing- the result of physical and emotional torture. Shortly after his fourteenth birthday, on the verge of being psychologically

destroyed, he decides to run - and run he does - into the unknown. His meeting with Jamie, a seemingly caring and protective role-model, throws him into a life of new, hitherto, unimaginable horrors, of a type that very few will ever experience - or even fully comprehend. Join Leon on the emotionally traumatic journey of a child struggling to survive a life of beatings and rape in a desperate attempt to find somebody - anybody - who will love and care for him.

#### **My Book of Feelings**

Independently Published  
"Following on from the huge success of '*Aroha's Way*', Aroha and her friends are again showing children they are not alone in feeling uncomfortable emotions and empowering them with strategies to manage those feelings when they arise. In the back of the book, we have extra notes in the hope that it will again open up conversations between adults and children. Learning to label emotions, recognise how they feel in the body and ways we can allow those emotions to be let go are all valuable tools for our

tamariki... Let It Go encourages children to explore what emotions feel like in their body and find a unique way to release them. Join Aroha and her friends as they navigate their way through four emotions: sadness, anger, shame and fear."--Publisher description.

Leon Createspace Independent Publishing Platform  
(PAPERBACK VERSION)  
Finalist in the New Zealand Children & Young Adults Books Awards 2022  
Storylines Notable Books 2021 - Non-Fiction Winner  
#1 NZ Bestseller With 60+ definitions to help improve emotional literacy, *How Do I Feel?*, is all about helping our children learn to recognise and label emotions and feelings. Join Aroha and her friends as they share how different emotions might feel in the body and how each emotion might be helpful. This emotions dictionary is all about helping children find the words for how they truly feel. Learning to recognise and label our emotions correctly is such an important skill for life. Giving our children this language helps to build emotional literacy. It is a gift to give children the

tools to know how to recognise what they truly feel and that it is okay to feel all emotions. When they know that no emotion is 'good' or 'bad' and that all emotions provide messages, then it takes away any attachment to that emotion being part of who they are. We may have experienced this ourselves being labelled 'naughty' or 'out of control' due to feeling angry a lot. However, this behaviour is just a way for a child to communicate. Diving deeper into why they are acting that way, why they may be feeling the things they are, can help us find some answers with our child. It can also help us find ways to help them empower themselves with tools to feel better. Use this book to start conversations about different emotions. If you can, give examples of things you have experienced. When you see a child experiencing an emotion, help your child label it. "Are you feeling ... right now?" This book can be used with children from 5 years of age up to 100+ as everyone might get something from the book. There are over 200 emotions and so we couldn't include them all

in just one book, however, this book is the most extensive book about emotions for children. Paperback - full colour  
Pages - 142 Size - 216mm x 280mm (Landscape)  
Recommended Age - 5 years - 100 years+  
*The Feelings Library*  
ReadHowYouWant.com  
Even though you can't see them, we all have feelings. Some feelings are fluffy and make us feel good. Some are sharp and make us unhappy. Sometimes we have fluffy and sharp feelings at the same time! It's ok to have different types of feelings, but there are some things we can do to let the sharp feelings out when they get too big, or when we have too many. This picture book is ideal for children ages 5 and above to help them understand why they might experience different emotions, and what they can do to help them manage their emotions in a positive way. Written in simple language, this book will be an excellent tool for any child who finds it difficult to understand their emotions, particularly those with attachment difficulties, or a learning or developmental disability.

**Yoga Made Easy MVP**

## Kids

From the fabulous partnership of award-winning author Jim Helmore and the brilliant Richard Jones comes a stunning book about friendship. When Caro and her mum move to a new house, Caro becomes lonely. There's only so much exploring she can do by herself! It's not long though before she makes a new friend - The Snow Lion. He's as white as snow, and together they have fun playing hide and seek, chasing and sliding. However, it's soon time for Caro to venture out on her own . . . With a slightly magical, classic feel and a lovely message, *The Snow Lion* is a story which will appeal to children and parents alike, and the beautiful illustrations make this a book to treasure.

*Library Services for Youth with Autism Spectrum Disorders* Bloomsbury Publishing

In today's academic environment, one essential skill that is often overlooked is active listening. While educators dedicate substantial time to teaching reading, writing, and speaking, listening skills remain a marginalized aspect of education. This negligence leaves

students ill-prepared for the demands of the modern world and results in billions of dollars being spent by companies to train their employees in effective listening. The gap between the need for proficient listeners and the scarcity of resources to nurture this skill is harming or at least significantly delaying the potential of these students. *Mindful Listening Instruction in the Elementary Classroom: Authentic Strategies Using Picturebooks* is the solution we've all been waiting for. Academic scholars are deeply committed to improving education, and they have recognized the urgency of addressing this pervasive issue. This book offers a transformative solution by advocating for the integration of listening skill instruction into elementary classrooms, using the engaging medium of picture books. This book is a roadmap to a brighter future for our students and society. By addressing the problem of neglected listening skills and offering a compelling solution, this book equips educators, academics, and anyone invested in education with the tools to bridge the gap between

the demand for proficient listeners and the current educational landscape's shortcomings.

*Moody Cow Meditates (Large Print 16pt)* Simon and Schuster

"Equal parts dazzling fantasy, swashbuckling adventure, and tender coming-of-age tale" from the author of the Costa Book of the Year, *The Lie Tree* (Publishers Weekly, starred review). The gods are dead. Fifty years ago, they turned on one another and tore each other apart. Nobody knows why. Now, even coin-sized scraps of dead god are worth a fortune because of the strange powers they're said to possess. But few are brave enough to dive and search for them. When fifteen-year-old Hark finds the still-beating heart of one of these deities, he'll risk everything to keep it out of the hands of smugglers, scientists, and cults who would kill for its power. Because Hark needs the heart if he wants to save the life of his best friend, Jelt. But the power of a god was not meant for human hands. With the heart, Jelt begins to eerily transform, and Hark will have to decide if he can stay loyal to his friend—or what he's willing to sacrifice to save

him. "Hardinge is assured and sophisticated in her exploration of the dark temptations of power." —The Wall Street Journal

"Monsters and mortals collide in this fantasy adventure that explores the hypnotic allure of fear, the adamant grip of the past, and the redeeming power of stories . . .

Thrilling." —Kirkus Reviews (starred review)

"Glorious thematic complexity inhabits a wildly inventive world, with the menacing roils of a dangerous sea threatening the archipelago and touches of steampunk rounding out the fantastical elements . . . Readers will be thrilled to be pulled into the alluring expanse of her work." —Bulletin of the Center for Children's Books (starred review)

**Little Monsters of Emotions** Jessica

Kingsley Publishers  
 ☐☐☐ CHRISTMAS EDITION  
 ☐☐☐ A picture book ☐ about feelings & emotions for toddlers ☐ How to talk so little kids will listen? Teach them the ability to recognize their own emotions. These skills will help your kid avoid stress and take control of any situation. Most of all, your baby will listen to you! A small kid does not know all the emotions yet and

cannot recognize them correctly. If you help him in this and teach him how to live his important moments, good and bad, the upbringing will be easier. Your baby will avoid sudden bursts of crying and will start listening to you. Checked on my kids! I tried everything ☐ When we explained to him in simple pictures how emotions work and where they come from--something amazing happened. The baby cried less and began to control his emotions ☐ The cupcake ☐ from the book will show different emotions and with the help of simple puzzles, you will explain to the child how emotions work and show him how to control these emotions. Order this emotion book for toddlers and try it on your kids! ☐ Your baby will learn to recognize emotions correctly ☐ There is a special page at the end of the book where the child can draw their emotions (right after learning them) ☐ Great size 8.5" x 8.5" ☐ Premium colors ☐☐☐ ☐ The cupcake ☐ shows different emotions in a simple way ☐ Perfect for toddlers. The optimal age range is 1-5. Amazing gift! ☐☐☐ You will teach your child to recognize their own

emotions. This is a quick way to get your baby to listen to you. Get your copy now. ☐☐☐ BEAUTIFUL CHRISTMAS EDITION ☐☐☐ Leo's Pent Up Feelings Createspace Independent Publishing Platform

"Leo has had lots of practice at hiding his feelings and controlling his environment with a mask of optimism. But when he is faced with the consequences of his pent up emotions, he has no choice but to name, understand, and respond to his emotions to find safety again. Leo lets go of his instruments of control and commits to trust others with his true self and live with the authenticity of a real MVP Kid. Includes a Learn and Discuss guide for parents and teachers."--

Amazon.com

**Freedom, We Sing** Open

Road + Grove/Atlantic  
 A wall of silence surrounds a cadet's death at an elite military academy: "Superb . . . This is an outstanding book." —Publishers Weekly  
 Detective Commissario Guido Brunetti has been called to investigate a parent's worst nightmare. A young cadet has been found hanged, a presumed suicide, in Venice's elite military academy.

Brunetti's sorrow for the boy, so close in age to his own son, is rivaled only by his contempt for a community that is more concerned with protecting the reputation of the school, and its privileged students, than understanding this tragedy. The young man is the son of a doctor and former politician—a man of impeccable integrity, all too rare in politics. Dr. Moro is clearly devastated; but while both he and his apparently estranged wife seem convinced that the boy's death could not have been suicide, neither appears eager to talk to the police or involve Brunetti in any investigation of the circumstances in which he died. As Brunetti pursues his inquiry, he is faced with a wall of silence. Is the military protecting its own? And what of the other witnesses? Is this the natural reluctance of Italians to involve themselves with the authorities, or is Brunetti facing a conspiracy far greater than this one death? "Brunetti is a compelling character, a good man trying to stay on the honest path in a devious and twisted world." —The Baltimore Sun

Lorrie and Leon Learn About Anxiety Simon and Schuster

An interactive spin-the-wheel and pull-the-tab book all about color. This adorable board book is filled with bright colors and interactive surprises for little hands. Will the rainbow chameleon blend in, or stand out? Spin the wheel and pull the tabs of this sturdy book to change the chameleon's colors. Rainbow Chameleon changes colors in order to hide from a snake, a wolf, and a crocodile. But sometimes he also has to change color in order to be noticed—especially when a new friend who he wants to impress enters the picture. This playful, hands-on journey features color dials and pull-tabs perfect for toddlers. The beautiful, lively illustrations and engaging story make for a book that kids will want to read again and again.

Bottled IGI Global  
This is a bottle. You will have seen bottles before. There are bottles that hold water, bottles that hold lotions, bottles that hold milk and bottles holding potions. But have you ever seen bottles that hold... emotions? It is important to share our feelings rather than

bottling them up inside. Bottled is a rhyming picture book to help children of all ages understand why and how they should express their emotions in a healthy way, and a starting point for early, crucial conversations surrounding mental health. Written and illustrated by the Brassington brothers, two primary school teachers, it is also an invaluable tool which parents, guardians and teachers can use to navigate these conversations and create emotionally honest spaces for children in their care.

Neon Leon Bloomsbury Education  
Curated by Chelsea Hetherington, PhD - A Sweet Storybook to Help Kids Learn about Emotions, Empathy and Expressing their Feelings! The toddler learning period of understanding, recognizing, and expressing different emotions is now made easier with this colorful, informative book that guides children through situations that each evoke a different feeling. This book stimulates emotional understanding, empathy, and is a great learning tool for parents and teachers alike! - Produced and created by

professional writers native in the English language. - Cool and fun hand drawn illustrations in every page! - Tons of fun for everyone in the family. Order Now and Enjoy the Best Book about Emotional Intelligence! *Leon and Albertine* Author House

This book encourages children to understand and manage their changing feelings and emotions, and to talk confidently about how they are feeling. Providing children with the skills and the words to express their feelings is key to helping them move forward in a positive manner.

**What Are You Feeling, Dragon** American Library Association

Wanting to prove to his brothers and sisters that magic really exists, Leon

volunteers to be in Abdul Kazam's magic show and gets transported to a mysterious world. Filled with rabbits, doves, playing cards and magician's assistants - among other things - if a magician can make it disappear, it will end up in the Place Between.

Visiting Feelings ABRAMS Join Mia and her friends on an adventure through our inner emotional garden by visiting our wide range of feelings. This book inspires both kids and parents to discuss their multitude of feelings, empowering them to practice articulating and identifying their own emotions - while developing their emotional intelligence and social skills.

**Let It Go** Bloomsbury

Publishing Longlisted for the BookTrust StoryTime Prize 2020 Most of the time Ravi can control his temper but, one day, he lets out the tiger within ... Being a tiger is great fun at first - tigers can do ANYTHING they want! But who wants to play with a growling, roaring, noisy, wild tiger who won't share or play nicely? Ravi is about to discover something very important about expressing his feelings and making amends. A clever and engaging book about temper tantrums, dealing with emotions and learning to express and understand your feelings. From Tom Percival's bestselling Big Bright Feelings series, this is the perfect book for helping with bad days and noisy outbursts.

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